



ROOSTER®



Plas Heli

The Welsh National Sailing Academy and Event Centre

Rooster RS Tera UK National Championships 2026

Wednesday 27th - Saturday 30th May 2026

SAILING INSTRUCTIONS

The Organising Authority is Plas Heli, The Welsh National Sailing Academy and Event Centre in conjunction with the UK RS Tera Class Association.

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

The notation '[DP]' in a rule in the SIs means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than a disqualification

1. Rules

- 1.1. The event will be governed by the Racing Rules of Sailing.
- 1.2. Rule 44.1 is changed so that a boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing.
- 1.3. The following documents apply:
 - 1.3.1. The International RS Tera Class Rules apply, available at <https://www.rstera.org.uk/documents>In addition:
 - 1.3.2. [DP] All sailors must wear a whistle attached to their buoyancy aids
 - 1.3.3. [DP] All boats shall carry a painter of 6mm floating line at least 8m in length (measured from the fitment point on the boat)
 - 1.3.4. It is advised that the rear handles on the transom should have the plastic loops fitted as supplied by RS.
 - 1.3.5. The scrutineering process which is intended to assist in compliance with the RS Tera Class Rules will involve boats being selected at random for checks during the event. That technical officials may conduct inspections of a boat does not reduce the responsibilities of each competitor set out in the rules.
 - 1.3.6. Long hair must be tied back so it does not pose a threat to the sailors's safety.
 - 1.3.7. Pas Heli and the UK RS Tera Class Association implement the Royal Yachting Association (RYA) Racing Charter, available at: <https://www.rya.org.uk/racing/rules/racing-charter>
 - 1.3.8. RRS Appendix T (Arbitration) will apply.

- 1.4. The Post-Race Penalty under RRS 44.3(c) will be 30% of the number of boats in the relevant fleet (rounding 0.5 upwards).
- 1.5. RRS 40.1 will apply at all times whilst afloat.
- 1.6. RRS 63.5(c) is changed so that in the event of a conflict between the Notice of Race and Sailing Instructions, the Sailing Instructions shall prevail.

2. Changes to Sailing Instructions

Any change to the sailing instructions will be posted at least one hour before the first race in which it will take effect, except that any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

3. Communications with Competitors

The official noticeboard for the event is online at

<https://www.rstera.org.uk/nationals-2026-noticeboard>

A physical noticeboard is located situated in the Main Hall as a courtesy to competitors.

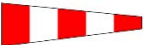
In the event of contrasting information between the digital and physical noticeboard the digital takes precedence


A WhatsApp group is established for communications with competitors and shall be regarded as the communication channel for the event. The links will be emailed to all competitors prior to the event.

The race office may be contacted in the clubhouse.

4. Signals Made Ashore

4.1. Signals made ashore will be displayed on the flagpoles located on the main mast outside the Racebox.

4.2. When flag AP  is flying ashore, 'the warning signal will be made' is replaced with 'Flag D will be raised' in the Race Signals section of the RRS.

4.3. [DP] Flag  D with fleet flag and one sound means 'Boats in displayed fleet can launch. Boats shall not launch until this signal is made. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed'

5. Schedule of Races

5.1. The table below shows the scheduled times for warning signals for each day of the event:

Day	Event	Time
Wednesday 27 th May	Registration open	0900 – 1200
Wednesday 27 th May	Practice race	1400
Thursday 28 th May	Registration open	0800 – 0930
Thursday 28 th May	Sailors briefing	1000
Thursday 28 th May	First warning signal	1155 for the RS Tera Pro fleet, 1106 for the RS Tera Sport fleet
Friday 29 th May	First warning signal	1100 for the RS Tera Pro fleet, 1106 for the RS Tera Sport fleet
Saturday 30 th May	First warning signal	1100 for the RS Tera Pro fleet, 1106 for the RS Tera Sport fleet
	Last possible time for a warning signal	1530 both fleets
Saturday 30 th May	Prizegiving	As soon as possible after racing

5.2. The Championship will consist of between 10 and 12 races. This will be dependent on the courses sailed, which may be a mixture of standard and sprint courses at the discretion of the Organising Authority. The intention is that there will be no more than 4 races a day (if shorter Sprint courses are used this number will increase). One extra race per day may be sailed, provided that no fleet becomes more than one race ahead of schedule.

Races are expected to be sailed back-to-back, without coming ashore

5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5.4. Sailors briefing will be held at 1000 on Thursday 28th May in the Main Hall.

6. Class Flags

The class flag for the RS Tera Pro fleet is a yellow flag with the word 'Pro' in black text.

PRO

The class flag for the RS Tera Sport is a white flag with the word 'Sport' in black text

SPORT

7. Courses

- 7.1. The diagrams in SI Addendum A show the courses to be sailed, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.2. No later than the warning signal, the committee boat may display the approximate compass bearing and distance of the first leg.

8. Marks


The marks will be as follows:-

Purpose	Description
Marks 1	Orange dumpy buoys
Mark 1a	Spreader mark will be red with a black band
Marks 2,3S, 3P,4S and 4P	Orange dumpy buoys
Mark 5	Orange dumpy buoys
Start Marks	Vessels or staff marks Displaying Orange flags
Finish Marks	Vessels or staff marks Displaying Blue flags

9. Obstructions

There is a submerged wall at the Harbour entrance to the Perch.

10. The Start

- 10.1. Races will be started using RRS 26
- 10.2. [DP] Boats whose warning signal has not been made shall avoid the starting area and remain at least 50m downwind of the start line and its extensions during the starting sequence for other races.
- 10.3. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2
- 8.1. In the main fleets, it is usually the PRO fleet will start first, followed by the SPORT fleet. Note however that the Race Officer does have discretion to change the order of starts.
- 10.4. If there is a general recall  for the PRO fleet, it is the intention that the SPORT fleet will be started after the restart of the PRO fleet and AP will not be displayed.

11. Change of the Next Leg of the Course

- 11.1. To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 11.2. Minor mark moves of up to 100m or approximately 5 degrees may be made without a signal. This changes RRS 33.

12. The Finish

- 12.1. Scoring other boats:
 - 12.1.1. When a race committee boat displays flag W with two sounds, boats still racing may be finished by this race committee boat.
 - 12.1.2. When a boat is scored in accordance with this instruction, she shall be given score for a place after all boats that have sailed the course and finished. This changes RRS 35, A4 and A5.

13. Time Limits and Target Times

- 13.1. The Race Time Limit (see RRS 35), Target Time for the first boat and Finishing Window are show in the table below

Race Time Limit	Target Time	Finishing Window
60 minutes	40 minutes	10 minutes

13.2. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Did not finish (DNF) without a hearing. A boat scored DNF shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

13.3. Failure to meet the Target Time will not be grounds for redress. This changes RRS62.1(a)

14. Scoring:

14.1. The Low Point System of Appendix A will apply.

14.2. One race is required to be completed to constitute a series.

14.3. The Sport and Pro fleets will be scored separately.

14.4. The total score for each boat will be the sum of her scores as follows:

14.5. When 3 or fewer races have been completed, a boat's series score will be the total of her race scores;

14.6. When 4-6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score;

14.7. When 7-11 races have been completed, a boat's series score will be the total of her race scores excluding her worst 2 scores;

14.8. When 12 races have been completed, a boat's series score will be the total of her race scores excluding her 3 worst scores.

15. Hearing Requests

15.1. For each class, the protest time limit is 90 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official noticeboard.

15.2. Hearing request forms are available to be completed from the event registration.

15.3. Notices will be posted no later than 40 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearing location will be published with the schedule on the official notice board.

16. Replacement of Crew or Equipment

16.1. [DP] Substitution of competitors is not allowed without prior written approval of the Race Committee.

16.2. [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

17. SAFETY REGULATIONS

17.1. Competitors shall wear a personal flotation device at all times while afloat, except briefly while adjusting clothing or personal equipment. Rule 40.1 applies.

17.2. A safety tally system will be in operation.

17.2.1. The tally control point will be at the top of the slipway.

17.2.2. A Competitors tally will be their championship number. Numbers will be allocated and emailed to all competitors ahead of the event.

17.2.3. Competitors shall individually check-out before racing by personally going to the tally control point and giving their championship number and name to advise they are going racing.

17.2.4. Competitors shall individually check-in immediately on returning to shore by personally going to the tally control point and giving their championship number and name to advise they are ashore. This must be done no later than 10 minutes after the last boat has come ashore.

17.2.5. The penalty for failing to tally-out or tally-in as instructed above will be a five pound donation to the RNLI for the first offence. Five points will be added to the boat's series score for each subsequent offence. This changes RRS 63.1 and A5.

17.3. A boat that retires from a race shall notify an official boat as soon as possible. A declaration form is available from the race office which must be completed by competitors when ashore. Competitors may also use this form to indicate races which they did not finish (DNF) or in which they took penalty turns. [DP]

17.4. Any boat intending to return to shore before the end of racing must follow instructions from a patrol boat who will consult the Event Safety Officer.

18. Berthing

[DP] Boats shall be kept in their assigned places while in the boat park. Competitors and support persons shall comply with reasonable requests from the Association Beach Team and Plas Heli marshals. These marshals will be wearing high-viz vests.

[DP] Please note that berthing in the dinghy park is specifically for competitors RS Teras.

Prizes

18.1. Prizes will be given dependent on number of entries, but as a minimum 1st – 6th overall for the Sport and Pro Fleets.

18.2. The titles will be awarded as follows:

- | | | |
|-----------------------------------|---|--|
| • RS Tera Pro National Champion | - | First RS Tera Pro Overall |
| • RS Tera Sport National Champion | - | First RS Tera Sport Overall |
| • RS Tera U.10 National Champion | - | First RS Tera Sport under 10 |
| • National Club trophy | - | Club with best 4 results across Pro & Sport fleets |
| • Endeavor prize | - | One for each fleet, Pro and Sport |

19. Risk Statement

Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and their Support Person agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) They will follow the instructions of the Event Safety Officer and their team at all times;
- e) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- f) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- g) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- h) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitors briefing held for the event.

20. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

21. ADDITIONAL NOTES

The Rooster RS Tera UK National Championships 2026 is a selector event for the UKRSTCA RS Tera Performance Academy 2026/27.

Club specific info:

Plas Heli

<https://plasheli.org>

Stephen Tudor, Events Supervisor, Plas Heli at chairman@plasheli.org

UK RS Tera Class Association contact:

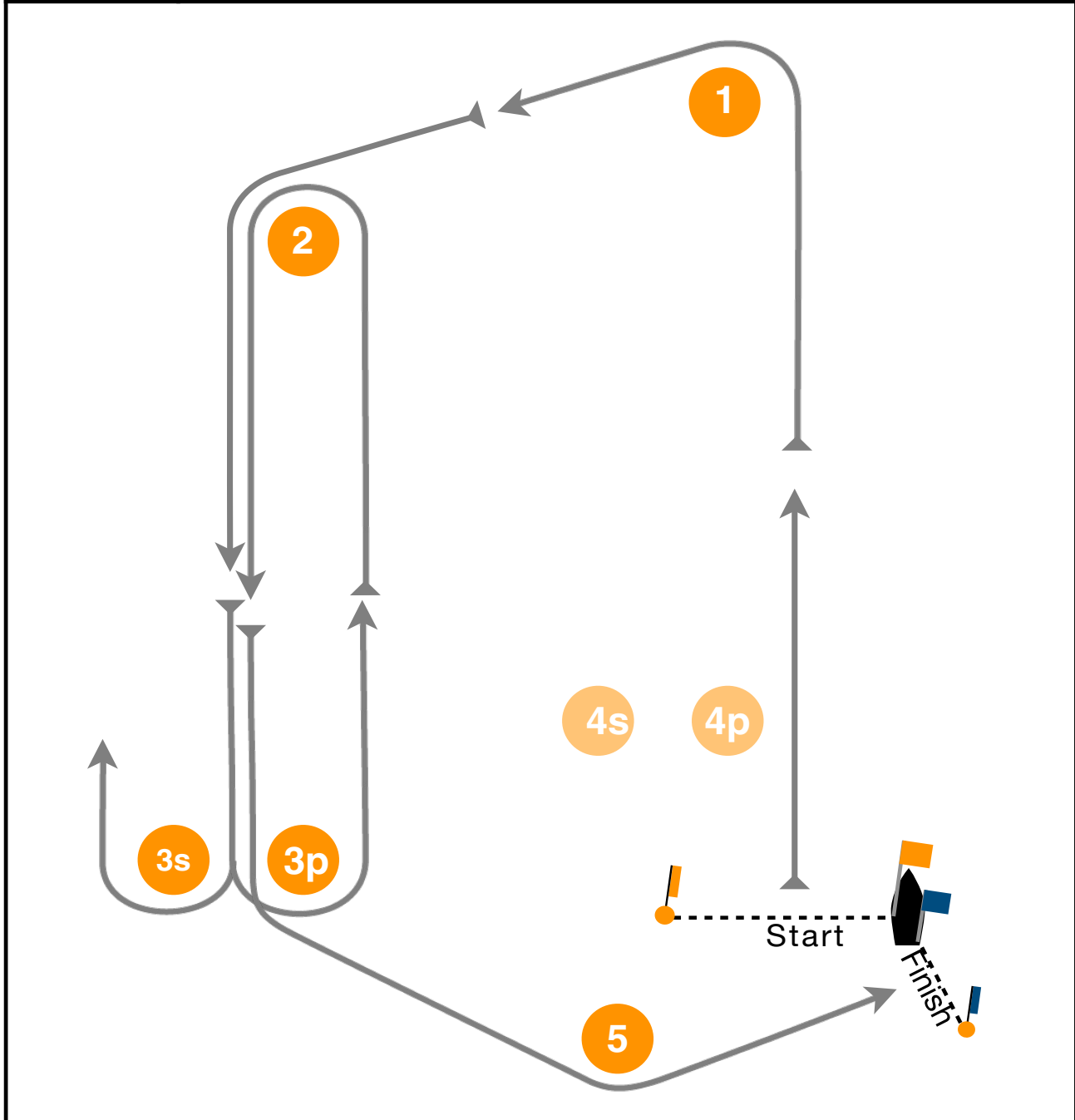
Marcus Collingbourne - Class Development Manager

t: 07821 888198

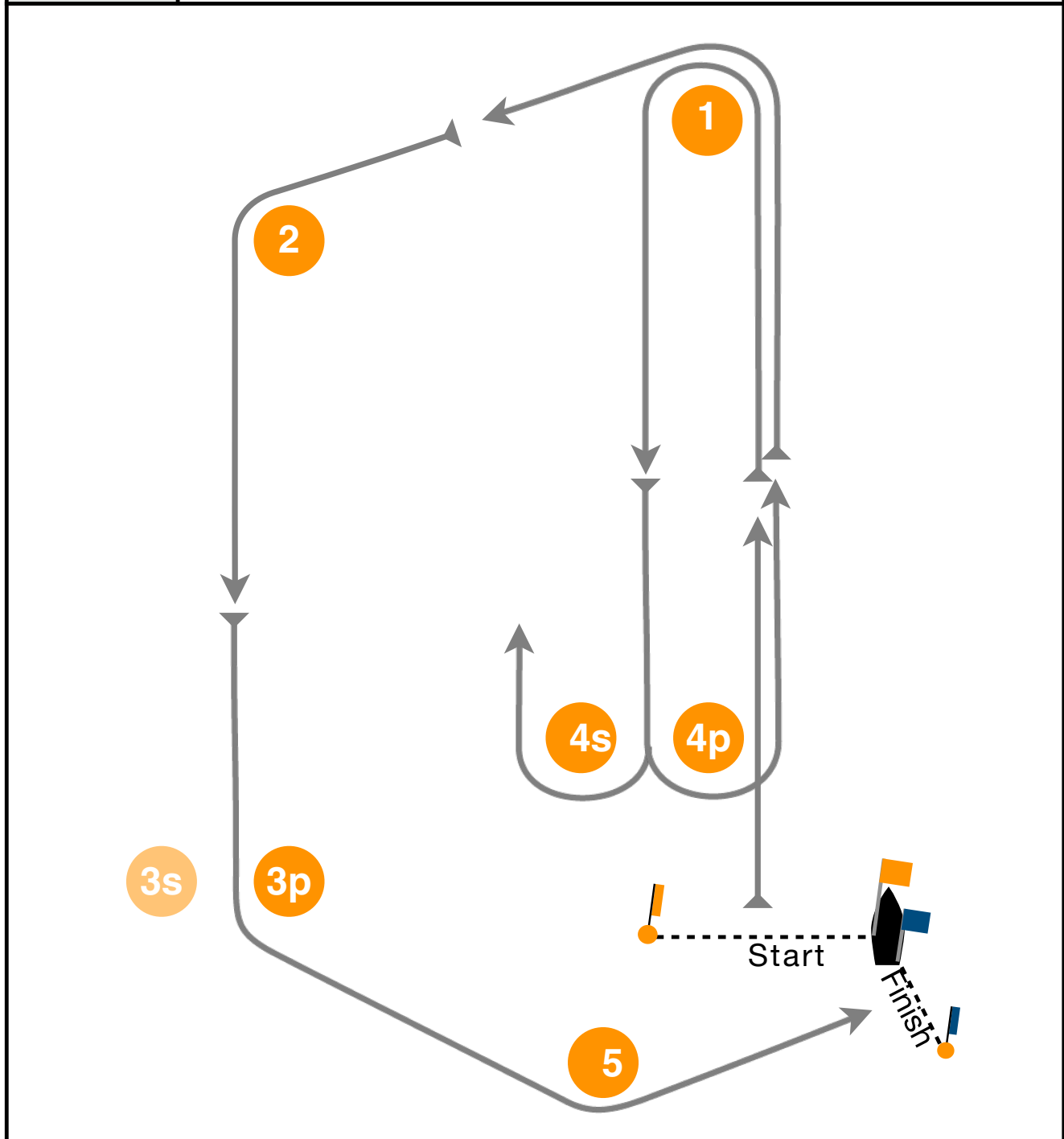
e: rsterasecretary@gmail.com

SI ADDENDUM A – COURSES

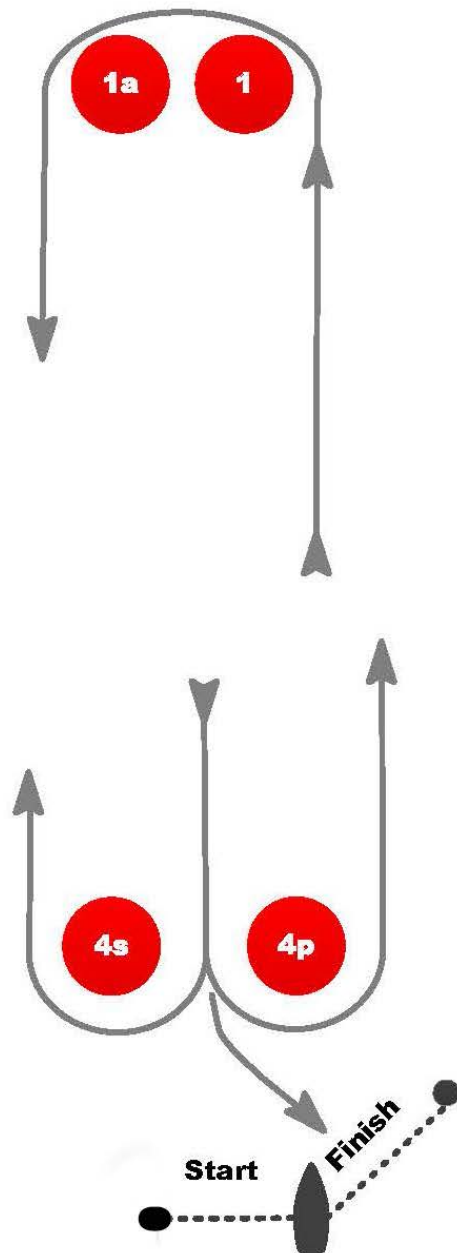
O	COURSE: OUTER TRAPEZOID with finish at committee vessel
Signal	Mark Rounding Order
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - 5 - Finish
O3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - 5 - Finish



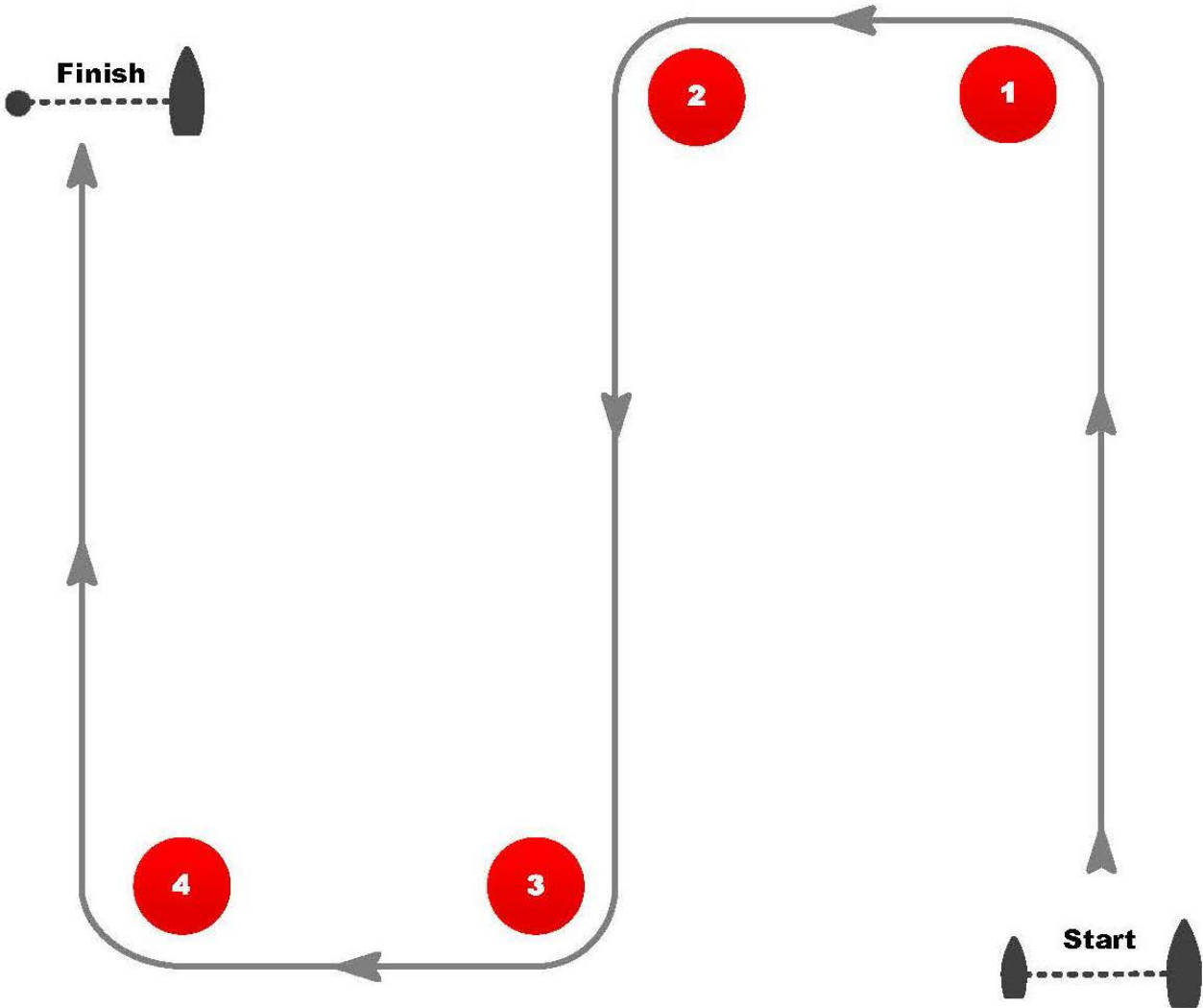
I	COURSE: INNER TRAPEZOID with finish at committee vessel
Signal	Mark Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - 5 - Finish
I3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - 5 - Finish



LRA	COURSE: WINDWARD / LEEWARD with spreader mark and reaching finish
Signal	Mark Rounding Order
LRA2	Start - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
LRA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
LRA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/ 4p - 1 - 1a - 4p - Finish



Q	COURSE: Queue Sprint
Signal	Mark Rounding Order
Q	Start - 1 - 2 - 3 - 4 - Finish



SI ADDENDUM 2

INCIDENTS ON THE WATER - SOME EXPLANATIONS

Protests and Arbitration

If you are involved in an incident on the water - you may want to protest another boat. To do so you must immediately hail 'Protest' at the first reasonable opportunity. Later you can fill in a protest form and deliver it at the race office before the protest time limit ends.

At this event we will be operating a system of Arbitration. This is set out in RRS Appendix T.

Advisory hearing

If you have been involved in an incident - but you don't want to protest anybody, maybe you want to learn what the rules are in that situation anyway..., then you can ask for an advisory hearing.

This can be a good way to learn more about situations that happen on the water - and nobody will get disqualified or penalised.

If you are told in an advisory hearing that you did break a rule in the situation - you can take a Post Race Penalty or retire - but you don't have to.

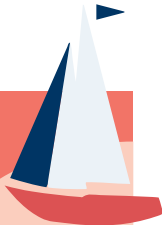
RYA Racing Charter

Applies equally to everyone involved in sailboat racing

Principles

Fair Racing

Competitors agree to race fairly; organisers and officials agree to provide fair racing; support persons agree to encourage fair racing and uphold the principles of this Charter.



Fair Resolution

Disputes will be addressed in a timely and proper manner by those responsible; parties involved will use established tools for achieving a fair resolution.



Respect

Foul, abusive, aggressive and discriminatory language or behaviour, or a lack of respect for others and their property, will not be tolerated.



Accountability

Those who take unfair advantage of sailing's self-policing nature, or behave inappropriately, can expect action to be taken against them.



Why?

Ensures sailboat racing is **fair, welcoming and inclusive to all**



Provides a framework for **all-round enjoyment**



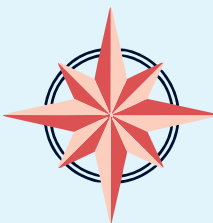
Encourages **life long** sailboat racing

In Practice



What YOU should expect

- Racing that is inclusive, fair, enjoyable and safe.
- Facilities, organisation and race management of acceptable standards and appropriate to the event.
- Opportunities to give feedback.
- Prompt resolution of any disputes.



What is expected of YOU

- Courtesy and respect to other competitors, officials and other water users, both afloat and ashore.
- Compliance with rules; taking a penalty when required by the rules.
- Use of provided tools to resolve any disputes.

The RYA encourages the use of the following tools...

for the resolution of Racing Disputes:

Post-Race Penalty Advisory Meetings Protest Hearings Arbitration



for Unacceptable Behaviour:

Rule 2 Protest Rule 69 Hearing

For further information, visit www.rya.org.uk/racingrules