



South & Southwest Regional Junior Championships

Weymouth and Portland National Sailing Academy

Saturday 21st & Sunday 22nd June 2025

Sailing Instructions (SIs)

The Organising Authority is the Weymouth and Portland National Sailing Academy (WPNSA) in conjunction with the UKLA, International Optimist (UK), RS Feva (UK), RS Tera (UK) and International Topper (GBR) Class Associations

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2. The Organising Authority implements the Royal Yachting Association (RYA) Racing Charter. Competitors shall undertake to sail in accordance with the Charter.
- 1.3. The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
- 1.4. Appendix T, Arbitration, will apply.
- 1.5. RRS 40.1 applies at all times while afloat. [DP]
- 1.6. RRS 63.5(c) is changed so that in the event of a conflict between the Notice of Race and Sailing Instructions, the Sailing Instructions shall prevail.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted at least one hour before the scheduled first warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at:
<https://wpnsa.ourclubadmin.com/notice-board.php?event=47>.
- 3.2. From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data communication that is not available to all boats. [DP].

4. CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials. [DP].
- 4.2. Competitors and support persons shall place advertising provided by the Organising Authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality. [DP].

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the main WPNSA flag poles.
- 5.2. When flag AP is displayed ashore, "1 minute" is replaced with not less than 30 minutes" in the race signal AP.
- 5.3. [DP] Boats shall not leave the slipway until flag D over yellow is displayed ashore with one sound signal for the main fleet or D over blue is displayed ashore with one sound signal for the coached regatta fleet. 'The warning signal will be made not less than 30 minutes' after flag D is displayed.

6. FORMAT OF RACING

- 6.1. All main fleet classes will race on two courses. The ILCA 4, RS Feva XL, RS Tera Pro and Topper 5.3 Classes will sail on the yellow course. The Optimist, TS Tera Sport and Topper 4.2 Classes will sail on the black course. The intended order of the starts will be briefed in the Main Fleet competitor briefing.
- 6.2. The coached regatta entries will race on the blue course.

7. SCHEDULE OF RACES

- 7.1. Registration will be in the Event Hall from 08:45 to 09:45 on Saturday 21st June 2025.
- 7.2. The competitor briefing will be held in the Event Hall at 10:30 on Saturday 21st June 2025 for the main fleet and at 10:30 in Spinnakers for the coached regatta fleet. There will be a briefing for the coached regatta fleet on Sunday morning in Spinnakers, the time will be advised in the briefing on Saturday.
- 7.3. The schedule for the main fleet is as follows:

Date	First Warning Signal	No. of Races
Sat 21 st June	11:55	4
Sun 22 nd June	10:25	4

- 7.4. The schedule for the coached regatta fleet will be advised in the coached regatta briefings.
- 7.5. For the main fleet, the event will consist of up to eight races. The intention is that there will be no more than five races a day. However, additional races may be sailed either in advance or arears in order to complete the programme if weather or other reasons dictate.
- 7.6. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made for the main fleet, and at least three minutes before a warning signal is displayed for the coached regatta fleet.
- 7.7. On the last scheduled day of racing no warning signal will be made after 15:30.

8. CLASS FLAGS

- 8.1. The class flags are:

Class	Flag
Topper 5.3	T flag
Topper 4.2	T flag with 4.2 on it
Optimist	O flag
RS Feva XL	White background with RS Feva logo on it
RS Tera (Sport rig)	Yellow background with PRO in black lettering
RS Tera (Pro rig)	White background with SPORT in black lettering
ILCA 4	Yellow ILCA Class Flag
Coached Regatta	Will be advised in the briefing

9. RACING AREA

- 9.1. The racing area is in Portland Harbour.

10. COURSES

- 10.1. The diagrams in SI Appendix A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left for the main fleet.
- 10.2. The courses for the coached regatta fleet will be determined by the coaches.
- 10.3. The course and number of laps to be sailed will be displayed on the committee boat.
- 10.4. No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.

11. MARKS

Main Fleet

- 11.1. Marks 1, 2, 3s, 3p, 4s, 4p and 5 will be 1.6m dumpy yellow buoys for the yellow course.
- 11.2. Marks 1, 2, 3s, 3p, 4s, 4p and 5 will be 1.6m dumpy black buoys for the black course.
- 11.3. The Starting Mark will be a committee boat or a dan buoy displaying an orange flag.
- 11.4. The Finishing Mark will be either an official boat displaying or a dan buoy displaying a blue flag.
- 11.5. A gate may be replaced by a single mark to be left to port. This changes RRS 34.

Coached Regatta Fleet

- 11.6. Marks will be a 1.6m blue cylindrical buoys with a black band.
- 11.7. The Starting Mark will be a committee boat or a dan buoy displaying an orange flag.
- 11.8. The Finishing Mark will be either an official boat or a dan buoy displaying a blue flag.

12. OBSTRUCTIONS [DP]

- 12.1. Boats shall keep more than 100 metres away from vessels over 100m in length, vessels at anchor or vessels displaying Flag A (indicating divers in the water). These areas are obstructions as defined in the rules.
- 12.2. The attention of all competitors, race management personnel and spectators afloat are drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or by VHF (Ch 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty.
- 12.3. Boats will not transit at any time through the RNSA moorings, which are to the left of the Marina exit as leaving the Marina.

13. THE START

- 13.1. For the main fleet, races will be started using RRS 26 with the warning signal made five minutes before the starting signal.
- 13.2. For the coached regatta fleet RRS 26 is changed so the so the signals are 3, 2 and 1 minute(s) before the starting signal.
- 13.3. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end, and the starting mark at the port end.
- 13.4. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 13.5. A boat that does not start within four minutes after the starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1. To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 14.2. Minor mark moves (up to approximately 100m) may be made without signalling the change. This changes RRS 33.

15. THE FINISH

- 15.1. The finishing line is between a staff displaying a blue flag on the finishing mark at the starboard end and the course side of the port end finishing mark.
- 15.2. The race committee may give a finishing place to any boat as follows:
- When a race committee vessel displays flag W with two sounds, boats that have not yet finished may be given a finishing place anywhere on the race course, at a nearby mark or not.
 - When a boat finishes in accordance with this instruction, she shall be awarded a finishing place matching her race position in that race. This changes RRS A5.

16. PENALTY SYSTEM

- 16.1. The scoring penalty RRS 44.3 applies. The penalty is 30%.
- 16.2. For the Optimist, ILCA 4, RS Feva and RS Tera Classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty. The Topper Class do not change RRS 44.1, so will complete a Two-Turn Penalty.

17. TIME LIMITS AND TARGET TIMES

Main Fleet

- 17.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), Target Time, and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Target Time	Finishing Window
<i>20 minutes</i>	<i>50 minutes</i>	<i>35 minutes</i>	<i>10 minutes</i>

- 17.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 17.3. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

Coached Regatta Fleet

- 17.4. The target time for races for the coached regatta fleet is 20 minutes. However, this may vary as determined by the race office and coaches.

18. HEARING REQUESTS

- 18.1. It is intended that all protests will be heard as Arbitration wherever possible. For the coached regatta fleet an advisory hearing will be held initially.
- 18.2. Boats intending to protest shall inform the finish committee upon finishing the race and ensure an acknowledgement is received.
- 18.3. The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 18.4. Hearing request forms are available on the online Official Notice Board.
- 18.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where they will be held, which will be online.

19. SCORING

- 19.1. One race is required to be completed to constitute a series.
- 19.2. All classes and rigs will be scored separately for the main fleet and coached regatta fleet.
- 19.3. A boat's series score will be calculated as follows:
 - 19.3.1. When fewer than four races have been completed, a boat's series score will be the total of her race scores.
 - 19.3.2. When from four to seven races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - 19.3.3. When from eight to 11 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
 - 19.3.4. When from 12 to 15 races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.
 - 19.3.5. When 16 or more races have been completed, a boat's series score will be the total of her race scores excluding her four worst scores.
- 19.4. Competitors may request a review of a boat's score by completing the online form on the Official Notice Board.

20. SAFETY REGULATIONS [DP]

- 20.1. A safety tally system will be in operation.
 - 20.1.1. The tally control point will be by the picnic tables adjacent to the dinghy park.
 - 20.1.2. A Competitor's tally number will be allocated and emailed to all competitors ahead of the event.
 - 20.1.3. Competitors shall individually check-out before racing by personally going to the tally control point and giving their tally number to advise they are going racing.
 - 20.1.4. Competitors shall individually check-in immediately on returning to shore by personally going to the tally control point and giving their tally number to advise they are ashore. This must be done no later than 10 minutes after the last boat has come ashore.
 - 20.1.5. The penalty for failing to tally-out or tally-in as instructed above will be a standard penalty without a hearing. The standard penalty will be one point, non-excludable, added to the boat's series score for the first offence, and three points for subsequent infringements. This changes RRS 63.1 and A5.
- 20.2. A boat that retires from a race shall notify an official boat as soon as possible.
- 20.3. Boats wishing to sail ashore before the end of the day's racing shall inform an official boat before leaving the racing area. The official boat will instruct boats in the procedure for returning ashore.
- 20.4. When the race committee considers that a boat or competitor is in difficulty, it may instruct the boat or competitor to accept outside help, retire or sail ashore. The boat and crew shall comply with such instructions without delay.

21. REPLACEMENT OF CREW OR EQUIPMENT [DP]

- 21.1. Substitution of competitors is not allowed without prior written approval of the race committee. Competitors shall request a substitution of crew online via the Official Notice Board.
- 21.2. Substitution of damaged or lost equipment is not allowed unless authorised in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race. Competitors shall request a substitution of equipment online on the Official Notice Board.

22. EQUIPMENT AND MEASUREMENT CHECKS

- 22.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

23. SUPPORT PERSONS VESSELS [DP]

- 23.1. RRS 37 will be used. Except when responding to the signal in RRS 37, support person vessels, coaches and other support persons shall stay at least 100 metres outside areas where boats are racing from the time of the preparatory signal for the first class to start on that course until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 23.2. During the event, support person vessels shall not tow boats participating in the event unless the race committee has signalled that towing is allowed.
- 23.3. In order to prevent fuel spillage, refuelling of boats/tanks is not permitted on the pontoons at WPNSA. Boats may refuel at the Portland Marina fuel pontoon or removable tanks may be taken offsite to be refuelled at a service station.
- 23.4. Kill cords shall be worn at all times whilst engines are running. The Course Safety Leader will be looking out for compliance on this issue, there are no excuses and boats will be requested to leave the race area immediately if kill cords are not being used appropriately.

24. TRASH DISPOSAL

- 24.1. [DP] Rubbish is not to be thrown in the sea. Sailors are to bring any rubbish ashore and place it in an appropriate bin.

25. BERTHING [DP]

- 25.1. Boats shall be kept in their assigned spaces whilst in the boat park.

26. PRIZES

- 26.1. See NoR 21.

27. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

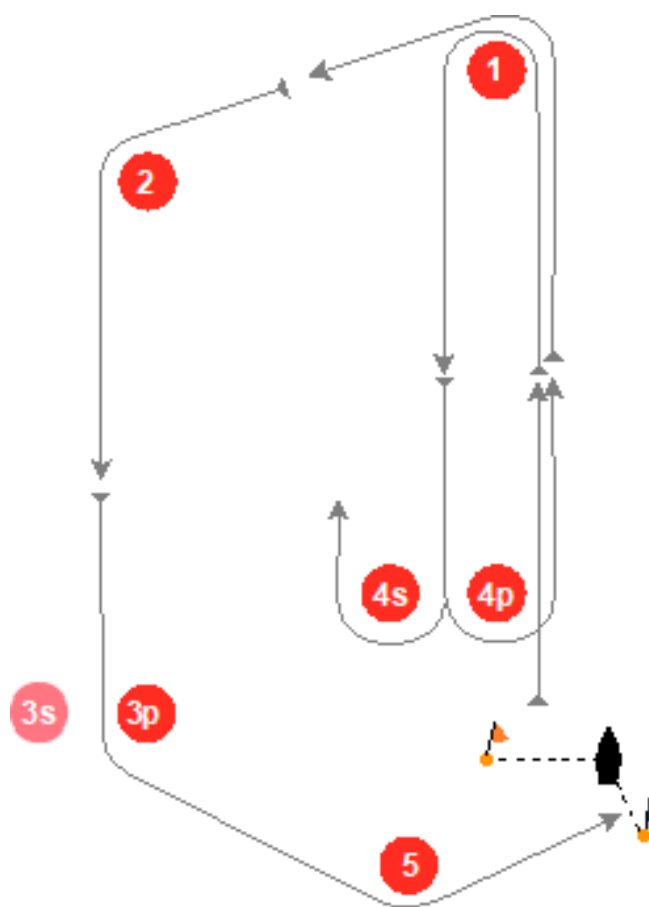
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitors briefing held for the event.

28. INSURANCE

- 28.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

APPENDIX A – Course Diagrams

I	COURSE: TRAPEZOID INNER LOOP Reaching Finish
Signal	Mark Rounding Order
I2	Start – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish
I3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish
I4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish



O	COURSE: TRAPEZOID OUTER LOOP Reaching Finish
Signal	Mark Rounding Order
O2	Start – 1 – 2 – 3s/3p – 2 – 3p – 5 – Finish
O3	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 2 – 3p – 5 – Finish
O4	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 2 – 3s/3p – 2 – 3p – 5 – Finish

