



Plas Heli

The Welsh National Sailing Academy and Event Centre

Train & Race Regatta Fleet

at

Rooster RS Tera UK National Championships 2026

Wednesday 27th - Saturday 30th May 2026

NOTICE OF EVENT

The Organising Authority is Plas Heli, The Welsh National Sailing Academy and Event Centre in conjunction with the UK RS Tera Class Association.

1. Rules:

- 1.1. The Train & Race Regatta Fleet event is aimed at younger sailors and new-comers to the circuit to hone their racing skills through a 2 full days of race training, followed by a day of coached racing by the Class Association coaching team.
- 1.2. The following documents apply:
 - 1.2.1. Plas Heli and the UK RS Tera Class Association implement the Royal Yachting Association (RYA) Racing Charter, available at: <https://www.rya.org.uk/racing/rules/racing-charter>
 - 1.2.1.[DP, NP] In addition, each competitor and Support Person agrees and acknowledges that they are responsible for complying with any current government health guidelines. Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct. Reasonable actions by event officials to implement such guidelines guidance, protocols or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.

2. Communication:

- 2.1. The official noticeboard for the event is at <https://www.rstera.org.uk/nationals-2026-noticeboard> notices will also be displayed on the noticeboard in the event hub.
- 2.2. A WhatsApp group will be established for communications with competitors and shall be regarded as the communication channel for the event. Joining instructions for the WhatsApp group will be sent to all entrants prior to the event.

3. Eligibility and Entry:

- 3.1. The Train & Race Regatta Fleet shall be composed of SPORT or MINI SAIL rigged boats of the RS Tera Class and is designed to be a fun, Train and Race event for those sailors just starting their fleet sailing experience. The Organising Authority reserve the right to decline entry where it is deemed that a competitor is at a standard that does not meet these criteria.
- 3.2. All competitors must be a current member of the UK RS Tera Class Association. Evidence of membership will be checked prior to the event.
- 3.3. Sailors must be aged 8 to under 12 on 31st December 2026 (*Exemptions might apply*).
- 3.4. Sailors should be confident and competent in sailing a triangular course.**
- 3.5. Should not have competed in a previous national RS Tera event (Start of Seasons, Inlands, Nationals, End of Seasons) where they have achieved a position any higher than 85% of the fleet.
- 3.6. The current entry limit for this event is 24 boats.
- 3.7. Eligible boats may enter by completing the Regatta fleet online entry form at <https://www.rstera.org.uk/rs-tera-nationals-plas-heli-2026> making the required entry fee payment.

4. Entry Fees:

The UKSTCA will be subsidising the training costs for all entrants.

- 4.1. The entry fees are as follows and shall be paid in full by the relevant date:
 - 4.1.1. Early Bird Discount - £195 for the first sailor per family, additional sailors from the same family will receive a 10% discount on the entry fee. Entry up to midnight Sun, 26th April 2026, or when the entry limit is reached.
 - 4.1.2. After midnight Sunday, 26th April 2026, £200 for the first sailor per family, additional sailors from the same family will receive a 10% discount on the entry fee.
 - 4.1.3. Those who enter at the Early Bird entry will receive a complimentary competitor's T-shirt.
- 4.2. Online entry closes at midnight, Sunday 17th May 2026, or when the entry limit is reached.
- 4.3. The Organising Authority may at its sole discretion extend the latest date for entry.
- 4.4. Should the event be cancelled, a refund of at least 70% of the entry fee will be made after transfer fees. This will be dependent on the expenditure committed to and by and at the discretion of the Organising Authority.
- 4.5. Refund of entry fees:
 - 4.5.1. A full refund (less admin charges) for cancellations up to midnight, Sunday 26th April 2026.
 - 4.5.2. A refund of 50% will be refunded (less admin charges) for cancellations up to midnight on midnight, Friday 8th May 2026.
 - 4.5.3. No refunds will be offered after midnight on Friday 8th May 2026.

5. Advertising:

- 5.1. Advertising is permitted in accordance with the class rules and World Sailing Regulation 20.
- 5.2. Boats may be required to display advertising chosen and supplied by the Organising Authority.
- 5.3. The following parts of the hull and sail must be left clear for the display of advertising, if supplied, without exception. All competitors shall ensure this is carried out before arrival at the event.
 - 5.3.1. the front one metre of the bow;
 - 5.3.2. the bottom 10% of the mainsail;
 - 5.3.3. the front 50cm of the boom nearest to the mast.

6. Schedule

- 6.1. Registration will take place from Tuesday, 26th May from 1700 to 1900, Wednesday, 27th May from 0900 to 1200 and Thursday, 28 May from 0830 to 0930.
- 6.2. There will be a Regatta fleet briefing in the Event Hall after the Main Fleet briefing after registration closes on Thursday.

7. Training schedule (*subject to amendment*):

Day 1 & 2 – Training – the coaching team, formed of the Class Association coaching team, will be focused on training the sailors on all aspects of racing, from understanding:

- Checking and rigging our boats correctly
- Interpreting “simplified” SIs (Sailing Instructions) – what does it all mean and why is it important to read and understand them?
- The Course – Start Line, Windward Mark, Wing Marks, Leeward Marks, Gates, Finish Line

- Understanding some of the key rules and how and when to take a penalty
- Starts – flags, countdown to start, finding the right end of the line, finding & owning your space
- The windward leg
- Mark rounding – the windward mark
- The run and the reach
- Preparing and timing a gybe
- Mark rounding – the wing mark
- Mark rounding – the leeward mark
- Crossing the finish line – what to expect

There is plenty for the sailors to take on board in the first couple of days and we are sure they won't recall all of it, as we well know, practise makes perfect and time on the water and participating is the best way to improve. So, Day 2 and 3 moves on to Coached Racing.

Day 2 & 3 – Coached Racing - As the Coached Racing isn't something that is generally permitted with the Racing Rules of Sailing (RRS), the Coached Racing part will not operate under the guises of a proper racing event, but our aim is to get our sailors operating as close as possible with its boundaries, respecting the rules and taking appropriate penalties where appropriate, which could ultimately end in disqualification, if they don't follow the guidance of our coaches – after all, they are there to teach our sailors how to race correctly, not to control discipline.

- There will be a simplified set of SI's, so that our sailors start to understand the instructions and the importance of reading them before going on the water
- Racing will be setup as if a proper event on a separate area to the main racing
- The coaches will encourage and help sailors around the courses:-
 - Course A will be for Sprint Racing, to ensure the sailors get as many starts as possible, which will enhance their starting ability – we may decide to split them into two groups for starts for this part of the racing, to reduce numbers on the start line.
 - Course B will become a full triangular course with slightly longer race time and the full group on the start line at the same time, if there is a wide spread of abilities, it may be that two Windward Marks are placed, where the more experienced sailors head to the outer mark and the less experienced to the inner mark, to facilitate a closeness at the finish.
 - The aim is to get in as many races as possible. The sailors will be given finishes, and encouraged, in true Tera style, to thank the Race Officer when they cross the finish line.
- All regatta fleet sailors will be winners – the RS Tera Regatta Fleet is all about participation and developing our sailors to a stage where they feel comfortable moving forward to our main fleet racing at future events. There will be some Spot prizes, where our coaching team feel that a particular sailor has done something special to stand out to ensure that this is acknowledged. We will also be giving some of our sailors a graduation certificate, which means they have graduated from the RS Tera Regatta Fleet and will only be able to enter main fleet at future events (something that any sailor can obviously choose to do, if they wish).

What we expect our sailors to have:

- An RS Tera in good condition, with either a Sport or Minisail (this should be dependent on size of sailor and wind conditions).
- A windex or burgee – if they can't easily tell where the wind is coming from or shifting to, then they are missing out on some of the basics
- A race timer watch, that is easy to use
- Be suitably dressed for going on the water
- *Boat should meet requirements as set out in main NOR*

8. Clothing and Equipment:

- 8.1. RRS 40.1 will apply.
- 8.2. All sailors must wear a whistle attached to their buoyancy aids
- 8.3. All boats shall carry a painter of 6mm floating line at least 8 m in length (measured from the fitment point) permanently attached to the standard fitment position in front of the mast

8.4. Rear handles on the transom handles should have the plastic loops fitted as supplied by RS.

9. Venue:

9.1. The venue is The Welsh National Sailing Academy and Event Centre, Plas Heli Cyf, Glan y Don, Pwllheli, Gwynedd LL53 5YT, and the sailing area is in Tremadog Bay.

10. Data Protection:

10.1. The personal information you provide to the organizing authority will be used to facilitate your participation in the event. If you have agreed to be bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. If you are not bound by the rules, the legal basis for processing that personal information is legitimate interest. Your personal information will be stored and used in accordance with the organizing authority's privacy policy. When required by the rules, personal information may be shared with the RYA, your national authority and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published.

10.2. In participating in the UK RS Tera National Championships - Plas Heli 2026 any competitor automatically grants to the Organising Authority, the National and International Class Associations permission to make, use and show, from time to time, any motion pictures and live, taped or film television and other reproductions of him/her during the period of the event without compensation, in perpetuity.

11. Risk Statement:

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

- They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- Their boat is in good order, equipped to sail in the event and they are fit to participate;
- The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.
- All competitors should obey the instructions of the Event Safety officer (and/or team).

12. Insurance:

12.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

All enquiries should be sent to:-

UK RS Tera Class Association

Marcus - rsterasecretary@gmail.com

Host venue:

Plas Heli

<https://plasheli.org>

Stephen Tudor, Events Supervisor, Plas Heli at chairman@plasheli.org



UK RS Tera Class Association